

Family Media Agreement

Media is everywhere and managing it can be tough. Establishing a Family Media Plan is an excellent place to start. This is an agreement that you will work on together with your child. You must involve your child in this process. You both will sign this agreement.

The items in this agreement have been gleaned from many such documents that can be found on the internet. Please modify them to fit your family's needs. These can be seen as hard rules but can also be used as conversation starters to help your child understand the reason behind the rules and to find out what their expectations and experiences are.

Devices Covered by This Agreement

Phone

Computer

Game System

Other

Care and Consequences

I will take excellent care of my device and tell my family if it is lost or damaged in any way.

I understand that access to my devices is a privilege and breaking this agreement will lead to the following consequences:

Other consequences we agree on:

Safety

I will not share passwords with anyone but my parents and will not change passwords without their knowledge and permission.

I will ask my family to help me with privacy settings if I want to set up devices, accounts, or profiles.

I will only create accounts with my parent's permission.

I will not share my location without my parent's permission.

I will not share any personal information without my parent's knowledge and permission including name, age, address, school, and interests

I will not share photos of myself, family, friends, or others without permission even if it seems harmless.

- If anyone makes me feel uncomfortable or pressured to do something that is inappropriate or wrong, or acts inappropriately toward me, I will tell my parents or a trusted adult.
- I will not agree to meet anyone In Real Life (IRL) who I have only met or know through social media.
- I will consider my current and future reputation and Think Before I Send or Text.
- I will not participate in bullying, intimidation, or harassment of others in any way and I will stand up to those who do.
- I will tell my parents if I or anyone else is the target of cyber bullying.

Examples of bullying:

Life In the Real World

- I will limit my time on my devices and on the internet according to the standards agreed upon by me and parents:
- I will be aware of the time I spend on my devices, and I will continue to enjoy the other activities and people in my life.
- I will talk to my parents about anything that worries me or makes me uncomfortable online or in the real world and ask questions accordingly.

My Parents and Family Will:

- Understand that social media and my devices are a part of my life and can add value and enjoyment.
- Agree to openly discuss my questions and concerns without fear of judgement and not overreact.
- Agree to be considerate in their use of devices during our time together as well.
- Agree to modify this contract as needed.
- Other (Please Specify):

Signed by Me

Signed by Parent or Guardian

Date